*Disposition: Lesson plan of high school warm up has two sections. First section has 10 minute warm-up focusing on intonation to demonstrate in-depth knowledge about one concept. Second section has 15 minute extended from the first section to make it a complete warm-up. This lesson has understanding of variety of strategies and concepts that are developmentally appropriate for students and for their specific needs of study in music.*

Yeji Yoon

Part 1 = Intonation

EXERCISE 1

* Students will sing a unison concert F.
* Teacher will say “Altos and Bass will go down a half step while sopranos and tenors go up a half step.”
* Teacher will continue to have them go outwards from a uniosn by half step to an augmented fifth.
* Teacher will restart this exercise with Concert F#. this exercise will continue going up by half step until A.

EXERCISE 2

* The students will the descending exercise of 5 3 4 2 3 1 2 7 1 with oo-ee-oo-ee-oo-ee alternating. It will be a unison from high C. It will descend from high C to middle F.
* The teacher will have sopranos and tenors sing the same thing from B. the teacher will have altos and bass sing the same exercise from E. The exercise will go up by half step until the top note reaches high Eb.
* The teacher will probably have to step altos at first.
* The teacher will give feedbacks constantly to make sure vowel shapes are unified and if the intervals are in tune.

EXERCISE 3 (Chordal Exercise)

* The teacher will model and each part by rote. The music is written out on next page.
* The teacher will focus on intonation of the chord and have the sound lock in each chord.
* It will move from Eb major key and move up by half step until A major key.

EXERCISE 4

# The teacher will have students sing “Frère Jacques” in unison. The teacher will divide the parts into two and perform it in rounds.

# It will be in key of F major. If it goes down too low for sopranos and tenors, they can jump an octave for low notes.

#  The teacher will then divide the group into three and four and perform in rounds.

Yeji Yoon

Part 2 = 15 minute high school warm up (relaxation/intonation/range extension)

EXERCISE 1

* The teacher will have students mirror what the teacher is doing. The teacher will perform various stretches such as torso twists, and arm stretches.
* The students will then echo the teachers with siren noises.

EXERCISE 2

* Students will sing unison on middle C on “oo” vowel.
* Teacher will say “Altos and Bass will go down a half step while sopranos and tenors go up a half step.”
* Teacher will continue to have them go outwards from a unison by half step to an augmented fifth.
* Teacher will restart this exercise. This exercise will continue going up by half step until Eb.
* The teacher will give feedbacks constantly to make sure vowel shapes are unified and if the intervals are in tune.

EXERCISE 3

* The students will the descending exercise of 5 3 4 2 3 1 2 7 1 with oo-ee-oo-ee-oo-ee alternating. It will be a unison from high C. It will descend from high C to middle F.
* The teacher will have sopranos and tenors sing the same thing from B. the teacher will have altos and bass sing the same exercise from E. The exercise will go up by half step until the top note reaches high Eb.
* The teacher will probably have to step altos at first.

EXERCISE 4 (chordal exercise)

* The teacher will model and each part by rote. The music is written out on next page.
* The teacher will focus on intonation of the chord and have the sound lock in each chord.
* It will move from F major key and move up by half step until G major key. Then, go back down to Eb major key.

# EXERCISE 5 It will be in key of F major. If it goes down too low for sopranos and tenors, they can jump an octave for low notes.

# The teacher will have students sing “Frère Jacques” in unison. The teacher will divide the parts into two and perform it in rounds.

#  It will be in key of F major. If it goes down too low for sopranos and tenors, they can jump an octave for low notes.

# The teacher will then divide the group into three and four and perform in rounds.

EXERCISE 6 (Range extension exercise)

* The teacher will model for them the exercise six written out on next page.
* It will go from Bb major and ascend by half step until Bb major an octave higher.
* The teacher will tell alto and bass to drop an octave if they wish to.